

OPEN GYM SCHEDULE

Schedule is subject to change. Please call ahead for the most current schedule.

Members are welcome to use the gym if it is empty during non-listed hours.

If weather forces programs indoors, programs will have priority.

Birthday parties may be scheduled on Saturdays between 10 AM-12 PM.

Monday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

8:00-9:30 PM - Open

Tuesday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

8:00-9:30 PM - Open

Wednesday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

6:00-9:30 PM - Open

Thursday

5:30-7:15 AM - Open

2:00-3:45 PM - Open

7:00-9:30 PM - Open

Friday

6-7:30 AM - Adult Full-Court Basketball

2:00-3:30 PM - Open

5:30-6:30 PM - Open

Saturday

8:00-10:00 AM - 1/2 Open

12:00-5:00 PM - Open

Feb. 2 - Closed 11 AM-5:00 PM

Feb. 9 - Closed 10-11:30 AM

Sunday

8:00 AM-10:00 AM - Adult Gym

10:00 AM-3:00 PM - Open Gym

Jan. 27 - Closed 11:30 AM-3:00 PM

Feb. 10 - Closed 12:30-2:30 PM

17.5 Laps in Gym = 1 Mile

Effective until 2/24/2019